



## Education prevents radicalisation

The freedom that democracy has brought us also confronts us with new challenges. In order to cope with them well, we need assured self- and social competencies.

In the EU Heart project (start 09/2020), students learn to develop an empathic relationship with themselves and others using an emotional-empathic approach, which assumes that all people have the same basic needs, while acquiring a critical distance from emotionalizing rhetoric.

In summer 2021, the first products have been completed: The final version of the handbooks for students aged 13 to 16 is now available for download on the project website. This teaching material familiarizes young people with the Five Basic Needs according to William Glasser and shows them that all people, regardless of their gender, origin or culture, have the same basic needs.

In September 2021 the first real meeting and training took place in Graz at PH Styria. Thereby 15 teachers from the three partner countries (AUT, GR, FR) worked collaboratively together for three days on historical episodes and the preparations for the next products, which will be necessary for videos on human rights and European values. In addition to instructions for the creation of scripts, they worked on puppet cre-



ating and puppetry in training sessions.

In fall, workshops are implemented at the schools based on the materials available in the manuals. In the process, students learn about Glasser's basic needs on the one hand, and also learn to distinguish between constructive strategies for satisfying their own basic needs and destructive ones. The goal is to find solutions that serve both themselves and the community.

Back in the partner countries, the teachers will work with the young people to develop scripts for the selected historical episodes and together they will design and create the puppets for the video production. In February 2022, the young people will

be well prepared to shoot their videos on selected historical episodes in the film studio at PH Styria and record the texts in different languages (English, German, Greek, French).

All materials are developed for use in history and ethics classes, for political education and for interdisciplinary projects. They are intended to make history tangible, to enable emotional learning from history, and to motivate active participation in society. More information on our project website:

<https://european-heart.eu/>

### Interesting points

- The project trains students aged 13-16 to acquire **democratic skills**.

### Content

Manuals Needs and Strategies available

Meeting and Training at PH Graz

Workshops on Needs and Strategies

Work on film scripts and puppets

## Partnership

### Coordinator

Blickpunkt Identität

<https://www.blickpunkt-identitaet.eu/>

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### Project Partners

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- Akadimaiko Diadiktyo | [www.gunet.gr](http://www.gunet.gr)
- Lp Julien de Rontaunay | [lycee-rontaunay.ac-reunion.fr](http://lycee-rontaunay.ac-reunion.fr)

